

# Mental Health ATLAS 2017 Member State Profile

## Sri Lanka

Total population ( <i>UN official estimate</i> ): <sup>a</sup>	20,714,040	Burden of mental disorders ( <i>WHO official estimates</i> )	
WHO Region:	SEAR	Disability-adjusted life years (per 100,000 population) <sup>a</sup>	2,800.82
Income group: <sup>b</sup>	Lower middle-income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	14.6
Total mental health expenditure per person (reported currency)	Not reported		
Availability / status of mental health reporting	Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy / plan</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2005	(Year of law):	2017
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	No	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Does not exist
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health	No		
(Year of policy / plan):	Not reported		

### Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	Yes
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### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100'000 population)</b>	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	0.52
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	0.03
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	1.47
		Mental health nurses	3.28
		Psychologists	0.25
		Social workers	0.28
		Occupational therapists	0.22
		Speech therapists	0.05
		Other paid mental health workers	1.04
<b>Human resources for mental health</b>			
Total number of mental health professionals (gov. and non-gov.)	1,480		
Total mental health workers per 100,000 population	7.14		
Total number of child psychiatrist (gov. and non-gov.)	6		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facilities attached to a hospital	230	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	5,087.6
"Community-based / non-hospital" mental health outpatient facility	20	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	Not Reported
Other outpatient facility (e.g. Mental health day care or treatment facility)	22	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	Not Reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	25	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	Not Reported
Other outpatient services for children and adolescents (e.g. day care)	5	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	1	Mental hospital beds / annual admissions	4.97 / 35.71
Psychiatric units in general hospitals	31	General hospital psychiatric unit beds / annual admissions	3.96 / 236.23
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	23	Residential care beds / annual admissions	1.33 / 3.77
Inpatient facility specifically for children and adolescents	1	Child and adolescent specific inpatient beds / annual admissions	0.10 / None or not reported
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	7,900	Inpatients staying less than 1 year	93.6%
Admissions that are involuntary	None or not reported	Inpatients staying 1-5 years	0.3%
Follow-up of people with mental disorder discharged from hospital in the last year	51%-75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	6.1%
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	29,375	Treated cases of severe mental disorder	141.81

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
Mental Health Awareness Program for district level Primary Care Workers	Mental health awareness/prevention/anti-stigma	District	Government
Media and Mental Health	Suicide prevention	National	Jointly managed

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_disease/en/](http://www.who.int/healthinfo/global_disease/en/)

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org/>)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>