

# Mental Health ATLAS 2017 Member State Profile

## Spain

Total population ( <i>UN official estimate</i> ): <sup>a</sup>	46,397,664	<i>Burden of mental disorders (WHO official estimates)</i>	
WHO Region:	EUR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	2,658.78
Income group: <sup>b</sup>	High income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	8.7
Total mental health expenditure per person (reported currency)	Not reported		
Availability / status of mental health reporting	A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy / plan</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	No
(Year of policy / plan):	2015	(Year of law):	2013
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	No or not reported
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	3
Plan or strategy for child and/or adolescent mental health	Yes		
(Year of policy / plan):	Not reported		
<b>Multisectoral Collaboration</b>			
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups			Yes

### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100'000 population)</b>	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	9.69
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	None or not reported
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	None or not reported
<b>Human resources for mental health</b>		Mental health nurses	2.87
Total number of mental health professionals (gov. and non-gov.)	7,159	Psychologists	None or not reported
Total mental health workers per 100,000 population	15.43	Social workers	0.11
Total number of child psychiatrist (gov. and non-gov.)	None or not reported	Occupational therapists	0.28
		Speech therapists	0.01
		Other paid mental health workers	2.46

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facilities attached to a hospital	358	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	1,551.8
"Community-based / non-hospital" mental health outpatient facility	589	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	48.8
Other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	2	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	28.68
Other outpatient services for children and adolescents (e.g. day care)	None or not reported	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	85	Mental hospital beds / annual admissions	28.15 / 60.05
Psychiatric units in general hospitals	477	General hospital psychiatric unit beds / annual admissions	14.31 / 201.57
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	None or not reported	Residential care beds / annual admissions	None or not reported / None or not reported
Inpatient facility specifically for children and adolescents	2	Child and adolescent specific inpatient beds / annual admissions	0.03 / 1.13
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	6,072	Inpatients staying less than 1 year	56%
Admissions that are involuntary	None or not reported	Inpatients staying 1-5 years	43.8%
Follow-up of people with mental disorder discharged from hospital in the last year	None or not reported	Inpatients staying more than 5 years	None or not reported
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	None or not reported	Treated cases of severe mental disorder	None or not reported

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
Estrategia Andaluza contra el estigma en salud mental "1 de cada 4"	Mental health awareness/prevention/anti-stigma	Regional	Government
Grupos Socioeducativos de Atención Primaria de Salud (GRUSE)	Other (e.g. refugees)	Regional	Government

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>