

# Mental Health ATLAS 2017 Member State Profile

## South Africa

Total population (UN official estimate): <sup>a</sup>	55,291,225	Burden of mental disorders (WHO official estimates)	
WHO Region:	AFR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	3,191.01
Income group: <sup>b</sup>	Upper middle-income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	11.6
Total mental health expenditure per person (reported currency)	99.47 ZAR		
Availability / status of mental health reporting	Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy / plan</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2013	Stand-alone law for mental health: (Year of law):	Yes 2002
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides irregular inspections of facilities and partial enforcement of mental health legislation
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	Yes 2002		

### Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No
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### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100'000 population)</b>	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	1.52
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	0.08
The government's total expenditure on mental health as % of total government health expenditure	3.00%	Other specialist doctors	None or not reported
		Mental health nurses	None or not reported
		Psychologists	None or not reported
		Social workers	None or not reported
		Occupational therapists	None or not reported
		Speech therapists	None or not reported
		Other paid mental health workers	None or not reported
<b>Human resources for mental health</b>			
Total number of mental health professionals (gov. and non-gov.)	None or not reported		
Total mental health workers per 100,000 population	None or not reported		
Total number of child psychiatrist (gov. and non-gov.)	46		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facilities attached to a hospital	61	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	582.1
"Community-based / non-hospital" mental health outpatient facility	None or not reported	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	2,157.4
Other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	Not Reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	Not Reported
Other outpatient services for children and adolescents (e.g. day care)	None or not reported	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	64	Mental hospital beds / annual admissions	16.56 / None or not reported
Psychiatric units in general hospitals	40	General hospital psychiatric unit beds / annual admissions	4.33 / None or not reported
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	None or not reported	Residential care beds / annual admissions	None or not reported / None or not reported
Inpatient facility specifically for children and adolescents	5	Child and adolescent specific inpatient beds / annual admissions	None or not reported / 5.75
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	None or not reported	Inpatients staying less than 1 year	None or not reported
Admissions that are involuntary	9838	Inpatients staying 1-5 years	None or not reported
Follow-up of people with mental disorder discharged from hospital in the last year	51%-75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	None or not reported
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	None or not reported	Treated cases of severe mental disorder	None or not reported

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
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Programme examples	Category of programme	Scope of programme	Programme Management
Screening for mental disorder	Other (e.g. refugees)	National	Government
school based screening	Other (e.g. refugees)	National	Government

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note : Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.