

Mental Health ATLAS 2017 Member State Profile

Philippines

Total population (<i>UN official estimate</i>): ^a	101,716,359	Burden of mental disorders (<i>WHO official estimates</i>)	
WHO Region:	WPR	Disability-adjusted life years (per 100,000 population) ^c	2,762.88
Income group: ^b	Lower middle-income	Suicide mortality rate (per 100,000 population) ^d	3.2
Total mental health expenditure per person (reported currency)	12.19 PHP		
Availability / status of mental health reporting	Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2016	(Year of law):	2018
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	No or not reported	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	No or not reported
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	None or not reported
Plan or strategy for child and/or adolescent mental health	Yes		
(Year of policy / plan):	2016		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	Yes
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	0.52
How the majority of persons with mental disorders pay for mental health services	Persons pay mostly or entirely out of pocket for services and medicines	Child psychiatrists	0.06
The government's total expenditure on mental health as % of total government health expenditure	0.22%	Other specialist doctors	None or not reported
		Mental health nurses	None or not reported
Human resources for mental health		Psychologists	0.88
Total number of mental health professionals (gov. and non-gov.)	2,051	Social workers	None or not reported
Total mental health workers per 100,000 population	2.02	Occupational therapists	0.30
Total number of child psychiatrist (gov. and non-gov.)	60	Speech therapists	0.26
		Other paid mental health workers	None or not reported

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	85	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	70.8
"Community-based / non-hospital" mental health outpatient facility	119	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	None or not reported
Other outpatient facility (e.g. Mental health day care or treatment facility)	1	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	11	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported
Other outpatient services for children and adolescents (e.g. day care)	1	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	1	Mental hospital beds / annual admissions	4.13 / 11.42
Psychiatric units in general hospitals	84	General hospital psychiatric unit beds / annual admissions	1.32 / 3.66
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	59	Residential care beds / annual admissions	2.04 / None or not reported
Inpatient facility specifically for children and adolescents	11	Child and adolescent specific inpatient beds / annual admissions	0.10 / 0.28
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	3,365	Inpatients staying less than 1 year	40%
Admissions that are involuntary	None or not reported	Inpatients staying 1-5 years	34.8%
Follow-up of people with mental disorder discharged from hospital in the last year	More than 75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	25.5%
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	82,277	Treated cases of severe mental disorder	80.89

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
National Mental Health Program	Mental health awareness/prevention/anti-stigma	National	Government
Dangerous Drug Abuse Prevention and Treatment Program	Other (e.g. refugees)	National	Government

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>