

# Mental Health ATLAS 2017 Member State Profile

## Nicaragua

Total population (UN official estimate): <sup>a</sup>	6,082,035	Burden of mental disorders (WHO official estimates)	
WHO Region:	AMR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	3,067.90
Income group: <sup>b</sup>	Lower middle-income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	12.2
Total mental health expenditure per person (reported currency)	29.95 NIO		
Availability / status of mental health reporting	Not reported or not available		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy / plan</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2016	Stand-alone law for mental health: (Year of law):	Yes 2008
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Does not exist
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	3	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	None or not reported
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	No Not reported		
<b>Multisectoral Collaboration</b>			Yes
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups			

### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100'000 population)</b>	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	0.69
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	0.03
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	0.02
<b>Human resources for mental health</b>		Mental health nurses	None or not reported
Total number of mental health professionals (gov. and non-gov.)	608	Psychologists	1.79
Total mental health workers per 100,000 population	10.00	Social workers	3.57
Total number of child psychiatrist (gov. and non-gov.)	2	Occupational therapists	None or not reported
		Speech therapists	None or not reported
		Other paid mental health workers	3.90

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facilities attached to a hospital	9	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	120.8
"Community-based / non-hospital" mental health outpatient facility	31	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	2,227.0
Other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	Not Reported
	2	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	Not Reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	1	Mental hospital beds / annual admissions	3.17 / 16.69
Psychiatric units in general hospitals	1	General hospital psychiatric unit beds / annual admissions	0.16 / 2.47
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	2	Residential care beds / annual admissions	0.28 / 0.66
	1	Child and adolescent specific inpatient beds / annual admissions	0.05 / 0.16
Inpatient facility specifically for children and adolescents			
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	135	Inpatients staying less than 1 year	18.5%
Admissions that are involuntary	1115	Inpatients staying 1-5 years	7.4%
Follow-up of people with mental disorder discharged from hospital in the last year	26%-50% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	74.1%
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	28,004	Treated cases of severe mental disorder	460.44

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
Todos Con Voz	Mental health awareness/prevention/anti-stigma	National	Government
salud mental comunitario	Mental health awareness/prevention/anti-stigma	National	Government

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org/>)

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.