

Mental Health ATLAS 2017 Member State Profile

Mexico

Total population (UN official estimate): ^a	125,890,949	Burden of mental disorders (WHO official estimates)	
WHO Region:	AMR	Disability-adjusted life years (per 100,000 population) ^c	2,367.75
Income group: ^b	Upper middle-income	Suicide mortality rate (per 100,000 population) ^d	5.1
Total mental health expenditure per person (reported currency)	Not reported		
Availability / status of mental health reporting	Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2013	Stand-alone law for mental health: (Year of law):	Yes 2017
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides regular inspections of facilities and reports at least annually
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	3
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	No Not reported		
Multisectoral Collaboration			No
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups			

RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	0.21
How the majority of persons with mental disorders pay for mental health services	Persons pay at least 20% towards the cost of mental health services / psychotropic medicines	Child psychiatrists	0.03
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	0.07
Human resources for mental health		Mental health nurses	0.22
Total number of mental health professionals (gov. and non-gov.)	5,541	Psychologists	3.46
Total mental health workers per 100,000 population	4.40	Social workers	0.14
Total number of child psychiatrist (gov. and non-gov.)	37	Occupational therapists	0.03
		Speech therapists	0.00
		Other paid mental health workers	0.25

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	60	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	388.0
"Community-based / non-hospital" mental health outpatient facility	73	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	167.2
Other outpatient facility (e.g. Mental health day care or treatment facility)	95	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	20.58
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	26	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	105.34
Other outpatient services for children and adolescents (e.g. day care)	5	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	52.09
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	37	Mental hospital beds / annual admissions	3.06 / 17.13
Psychiatric units in general hospitals	8	General hospital psychiatric unit beds / annual admissions	0.03 / 0.05
Forensic inpatient units	2	Forensic inpatient unit beds / annual admissions	0.02 / 0.01
Residential care facilities	15	Residential care beds / annual admissions	0.25 / 0.13
Inpatient facility specifically for children and adolescents	3	Child and adolescent specific inpatient beds / annual admissions	0.09 / 0.64
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	9,856	Inpatients staying less than 1 year	85%
Admissions that are involuntary	7859	Inpatients staying 1-5 years	5.6%
Follow-up of people with mental disorder discharged from hospital in the last year	More than 75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	9.6%
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	304,780	Treated cases of severe mental disorder	242.10

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
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Programme examples	Category of programme	Scope of programme	Programme Management
ATENCION HOSPITALRIA	Mental health awareness/prevention/anti-stigma	Regional	Government
HOSPITAL PSIQUIATRICO	Mental health awareness/prevention/anti-stigma	Regional	Government

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org/>)

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.