

# Mental Health ATLAS 2017 Member State Profile

## Lebanon

Total population (UN official estimate): <sup>a</sup>	5,851,479	Burden of mental disorders (WHO official estimates)	
WHO Region:	EMR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	2,740.07
Income group: <sup>b</sup>	Upper middle-income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	3.3
Total mental health expenditure per person (reported currency)	5171.24 LBP		
Availability / status of mental health reporting	A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy / plan</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2015	Stand-alone law for mental health: (Year of law):	Yes 1983
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Does not exist
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	No Not reported		
<b>Multisectoral Collaboration</b>			Yes
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups			

### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100'000 population)</b>	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	1.21
How the majority of persons with mental disorders pay for mental health services	Persons pay at least 20% towards the cost of mental health services / psychotropic medicines	Child psychiatrists	0.09
The government's total expenditure on mental health as % of total government health expenditure	5.00%	Other specialist doctors	0.48
<b>Human resources for mental health</b>		Mental health nurses	3.14
Total number of mental health professionals (gov. and non-gov.)	1,346	Psychologists	3.30
Total mental health workers per 100,000 population	23.00	Social workers	1.33
Total number of child psychiatrist (gov. and non-gov.)	5	Occupational therapists	1.03
		Speech therapists	8.54
		Other paid mental health workers	3.88

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facilities attached to a hospital	12	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	19.1
"Community-based / non-hospital" mental health outpatient facility	20	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	21.3
Other outpatient facility (e.g. Mental health day care or treatment facility)	1	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	10	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported
Other outpatient services for children and adolescents (e.g. day care)	4	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	5	Mental hospital beds / annual admissions	27.51 / 54.28
Psychiatric units in general hospitals	8	General hospital psychiatric unit beds / annual admissions	1.45 / 40.43
Forensic inpatient units	1	Forensic inpatient unit beds / annual admissions	0.51 / 1.30
Residential care facilities	7	Residential care beds / annual admissions	1.62 / None or not reported
Inpatient facility specifically for children and adolescents	3	Child and adolescent specific inpatient beds / annual admissions	1.11 / None or not reported
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	3,941	Inpatients staying less than 1 year	53%
Admissions that are involuntary	473	Inpatients staying 1-5 years	24.4%
Follow-up of people with mental disorder discharged from hospital in the last year	25% or less of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	23.0%
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	4,640	Treated cases of severe mental disorder	79.30

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
--	-----	---	----

Programme examples	Category of programme	Scope of programme	Programme Management
National mental health campaign	Mental health awareness/prevention/anti-stigma	National	Government
Suicide Hotline Pilot	Suicide prevention	National	NGO

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note : Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.