

Mental Health ATLAS 2017 Member State Profile

Latvia

Total population (UN official estimate): ^a	1,992,663	Burden of mental disorders (WHO official estimates)	
WHO Region:	EUR	Disability-adjusted life years (per 100,000 population) ^c	4,213.30
Income group: ^b	High income	Suicide mortality rate (per 100,000 population) ^d	21.2
Total mental health expenditure per person (reported currency)	19.44 EUR		
Availability / status of mental health reporting	A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2008	Stand-alone law for mental health: (Year of law):	No None or not reported
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exists but it is not functioning
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	2
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	No Not reported		

Multisectoral Collaboration	
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No

RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	9.99
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	0.65
The government's total expenditure on mental health as % of total government health expenditure	5.34%	Other specialist doctors	7.13
		Mental health nurses	22.83
		Psychologists	None or not reported
		Social workers	None or not reported
		Occupational therapists	None or not reported
		Speech therapists	0.10
		Other paid mental health workers	39.60

Human resources for mental health	
Total number of mental health professionals (gov. and non-gov.)	1,600
Total mental health workers per 100,000 population	80.29
Total number of child psychiatrist (gov. and non-gov.)	13

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	48	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	10,096.6
"Community-based / non-hospital" mental health outpatient facility	360	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	6,669.6
Other outpatient facility (e.g. Mental health day care or treatment facility)	1,131	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	4,792.63
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported
Other outpatient services for children and adolescents (e.g. day care)	None or not reported	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	6	Mental hospital beds / annual admissions	102.53 / 764.66
Psychiatric units in general hospitals	3	General hospital psychiatric unit beds / annual admissions	None or not reported / 106.94
Forensic inpatient units	1	Forensic inpatient unit beds / annual admissions	0.75 / 5.92
Residential care facilities	None or not reported	Residential care beds / annual admissions	None or not reported / None or not reported
Inpatient facility specifically for children and adolescents	3	Child and adolescent specific inpatient beds / annual admissions	5.02 / 61.27
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	455	Inpatients staying less than 1 year	100%
Admissions that are involuntary	118	Inpatients staying 1-5 years	None or not reported
Follow-up of people with mental disorder discharged from hospital in the last year	None or not reported	Inpatients staying more than 5 years	None or not reported
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	34,697	Treated cases of severe mental disorder	1,741.24

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
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Programme examples	Category of programme	Scope of programme	Programme Management
Neņovērsies! ("Don't turn away!")	Mental health awareness/prevention/anti-stigma	National	Government
Bullying prevention	Violence prevention (including child abuse)	National	Government

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note : Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.