

# Mental Health ATLAS 2017 Member State Profile

## Japan

Total population (UN official estimate): <sup>a</sup>	127,974,958	Burden of mental disorders (WHO official estimates)	
WHO Region:	WPR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	2,240.63
Income group: <sup>b</sup>	High income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	18.5
Total mental health expenditure per person (reported currency)	Not reported		
Availability / status of mental health reporting	A specific report focusing mental health activities in both the public and private sector has been published by the Health Department or any other responsible government unit in the last two years		

### MENTAL HEALTH SYSTEM GOVERNANCE

<b>Mental health policy / plan</b>		<b>Mental health legislation</b>	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2014	Stand-alone law for mental health: (Year of law):	Yes 2016
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides regular inspections of facilities and reports at least annually
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	Yes 2017		
<b>Multisectoral Collaboration</b>			No
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups			

### RESOURCES FOR MENTAL HEALTH

<b>Mental health financing</b>		<b>Mental health workforce (rate per 100'000 population)</b>	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	11.87
How the majority of persons with mental disorders pay for mental health services	Persons pay at least 20% towards the cost of mental health services / psychotropic medicines	Child psychiatrists	0.25
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	None or not reported
<b>Human resources for mental health</b>		Mental health nurses	83.81
Total number of mental health professionals (gov. and non-gov.)	187,084	Psychologists	3.04
Total mental health workers per 100,000 population	146.19	Social workers	8.33
Total number of child psychiatrist (gov. and non-gov.)	325	Occupational therapists	7.24
		Speech therapists	0.02
		Other paid mental health workers	31.63

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<b>Outpatient care (total facilities)</b>		<b>Outpatient care (per 100,000 population)</b>	
Mental health outpatient facilities attached to a hospital	2,762	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	25,700.2
"Community-based / non-hospital" mental health outpatient facility	6,481	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	1,377.5
Other outpatient facility (e.g. Mental health day care or treatment facility)	2,405	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	39.33
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	14.07
Other outpatient services for children and adolescents (e.g. day care)	2,405	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	5.64
<b>Inpatient care (total facilities)</b>		<b>Inpatient care (per 100,000 population)</b>	
Mental hospitals	10640	Mental hospital beds / annual admissions	196.63 / 202.40
Psychiatric units in general hospitals	576	General hospital psychiatric unit beds / annual admissions	66.15 / 97.65
Forensic inpatient units	35	Forensic inpatient unit beds / annual admissions	0.65 / 0.20
Residential care facilities	468	Residential care beds / annual admissions	None or not reported / None or not reported
Inpatient facility specifically for children and adolescents	37	Child and adolescent specific inpatient beds / annual admissions	0.88 / 0.69
<b>Mental hospitals</b>		<b>Mental hospitals (length of stay)</b>	
Total number of inpatients	32,891	Inpatients staying less than 1 year	88%
Admissions that are involuntary	125287	Inpatients staying 1-5 years	7.8%
Follow-up of people with mental disorder discharged from hospital in the last year	More than 75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	3.8%
<b>Treated prevalence (total cases)</b>		<b>Treated prevalence (per 100,000 population)</b>	
Treated cases of severe mental disorder	None or not reported	Treated cases of severe mental disorder	None or not reported

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
--	-----	---	-----

Programme examples	Category of programme	Scope of programme	Programme Management
1)General Principles of Suicide Prevention	Suicide prevention	National	Jointly managed
Health Japan 21(the second term)	Other (e.g. refugees)	National	Jointly managed

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note : Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.