

Mental Health ATLAS 2017 Member State Profile

Iran, Islamic Republic of

Total population (UN official estimate): ^a	79,360,487	Burden of mental disorders (WHO official estimates)	
WHO Region:	EMR	Disability-adjusted life years (per 100,000 population) ^c	3,527.06
Income group: ^b	Upper middle-income	Suicide mortality rate (per 100,000 population) ^d	4.1
Total mental health expenditure per person (reported currency)	Not reported		
Availability / status of mental health reporting	A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2015	(Year of law):	2017
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides regular inspections of facilities and reports at least annually
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health	Yes		
(Year of policy / plan):	2015		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	Yes
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	2.02
How the majority of persons with mental disorders pay for mental health services	Persons pay 20% to costs of mental health services and nothing at point of use psychotropic medicines	Child psychiatrists	0.15
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	0.63
		Mental health nurses	9.45
		Psychologists	5.17
		Social workers	1.51
		Occupational therapists	0.00
		Speech therapists	0.63
		Other paid mental health workers	None or not reported
Human resources for mental health			
Total number of mental health professionals (gov. and non-gov.)	16,320		
Total mental health workers per 100,000 population	20.56		
Total number of child psychiatrist (gov. and non-gov.)	120		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	260	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	1,197.1
"Community-based / non-hospital" mental health outpatient facility	3,755	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	3,906.2
Other outpatient facility (e.g. Mental health day care or treatment facility)	142	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	10.71
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	24	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	78.63
Other outpatient services for children and adolescents (e.g. day care)	81	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	39	Mental hospital beds / annual admissions	8.49 / 123.90
Psychiatric units in general hospitals	159	General hospital psychiatric unit beds / annual admissions	4.66 / 81.04
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	178	Residential care beds / annual admissions	15.35 / None or not reported
Inpatient facility specifically for children and adolescents	11	Child and adolescent specific inpatient beds / annual admission	0.23 / 3.33
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	6,150	Inpatients staying less than 1 year	89.4%
Admissions that are involuntary	88498	Inpatients staying 1-5 years	2.4%
Follow-up of people with mental disorder discharged from hospital in the last year	51%-75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	8.1%
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	385,000	Treated cases of severe mental disorder	485.13

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
National Life Skills Training Program	Mental health awareness/prevention/anti-stigma	National	Government
National Parenting Skills Education Program	Parental / maternal mental health promotion	National	Government

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org/>)

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>