

# Mental Health ATLAS 2017 Member State Profile

## Ecuador

Total population ( <i>UN official estimate</i> ): <sup>a</sup>	16,144,368	<u>Burden of mental disorders (<i>WHO official estimates</i>)</u>	
WHO Region:	AMR	Disability-adjusted life years (per 100,000 population) <sup>c</sup>	3,101.15
Income group: <sup>b</sup>	Upper middle-income	Suicide mortality rate (per 100,000 population) <sup>d</sup>	7.1
Total mental health expenditure per person (reported currency)	2.16 USD		
Availability / status of mental health reporting	A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years		

### MENTAL HEALTH SYSTEM GOVERNANCE

<u>Mental health policy / plan</u>	<u>Mental health legislation</u>
Stand-alone policy or plan for mental health: (Year of policy / plan):	Stand-alone law for mental health: (Year of law):
Yes 2014	No None or not reported
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights
No	Exist and provides irregular inspections of facilities and partial enforcement of mental health legislation
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)
5	None or not reported
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	
Yes 2014	
<u>Multisectoral Collaboration</u>	
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No

### RESOURCES FOR MENTAL HEALTH

<u>Mental health financing</u>	<u>Mental health workforce (rate per 100'000 population)</u>
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Psychiatrists
No	0.46
How the majority of persons with mental disorders pay for mental health services	Child psychiatrists
Persons pay nothing at the point of service use (fully insured)	0.01
The government's total expenditure on mental health as % of total government health expenditure	Other specialist doctors
1.46%	0.01
<u>Human resources for mental health</u>	Mental health nurses
Total number of mental health professionals (gov. and non-gov.)	0.06
1,442	Psychologists
Total mental health workers per 100,000 population	7.66
8.93	Social workers
Total number of child psychiatrist (gov. and non-gov.)	0.02
1	Occupational therapists
	0.12
	Speech therapists
	None or not reported
	Other paid mental health workers
	0.59

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

<u>Outpatient care (total facilities)</u>	<u>Outpatient care (per 100,000 population)</u>
Mental health outpatient facilities attached to a hospital	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital
None or not reported	None or not reported
"Community-based / non-hospital" mental health outpatient facility	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility
39	658.8
Other outpatient facility (e.g. Mental health day care or treatment facility)	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)
486	4,975.09
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)
None or not reported	None or not reported
Other outpatient services for children and adolescents (e.g. day care)	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)
None or not reported	None or not reported
<u>Inpatient care (total facilities)</u>	<u>Inpatient care (per 100,000 population)</u>
Mental hospitals	Mental hospital beds / annual admissions
4	0.81 / None or not reported
Psychiatric units in general hospitals	General hospital psychiatric unit beds / annual admissions
28	None or not reported / None or not reported
Forensic inpatient units	Forensic inpatient unit beds / annual admissions
None or not reported	None or not reported / None or not reported
Residential care facilities	Residential care beds / annual admissions
None or not reported	None or not reported / None or not reported
Inpatient facility specifically for children and adolescents	Child and adolescent specific inpatient beds / annual admissions
None or not reported	None or not reported / None or not reported
<u>Mental hospitals</u>	<u>Mental hospitals (length of stay)</u>
Total number of inpatients	Inpatients staying less than 1 year
111	5%
Admissions that are involuntary	Inpatients staying 1-5 years
None or not reported	36.0%
Follow-up of people with mental disorder discharged from hospital in the last year	Inpatients staying more than 5 years
51%-75% of discharged inpatients received a follow-up outpatient visit within one month	59.5%
<u>Treated prevalence (total cases)</u>	<u>Treated prevalence (per 100,000 population)</u>
Treated cases of severe mental disorder	Treated cases of severe mental disorder
62,623	387.89

### MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]
Yes	Yes

Programme examples	Category of programme	Scope of programme	Programme Management
1) Control de Tabaco de acuerdo al CMCT de la OMS	<i>Mental health awareness/prevention/anti-stigma</i>	National	Jointly managed
2) Estrategia Nacional para la Prevención y Reducción del Consumo Nocivo de alcohol	<i>Mental health awareness/prevention/anti-stigma</i>	National	Jointly managed

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note : Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.