

Mental Health ATLAS 2017 Member State Profile

Cuba

Total population (UN official estimate) ^a	11,461,432	Burden of mental disorders (WHO official estimates)	
WHO Region:	AMR	Disability-adjusted life years (per 100,000 population) ^c	3,629.03
Income group: ^b	Upper middle-income	Suicide mortality rate (per 100,000 population) ^d	13.9
Total mental health expenditure per person (reported currency)	629.27 CUP		
Availability / status of mental health reporting	Not reported or not available		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health: (Year of policy / plan):	No None or not reported	Stand-alone law for mental health: (Year of law):	No None or not reported
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides regular inspections of facilities and reports at least annually
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	Yes 2016		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	Yes
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	9.06
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	2.09
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	2.84
		Mental health nurses	8.90
		Psychologists	31.06
		Social workers	1.33
		Occupational therapists	1.64
		Speech therapists	0.27
		Other paid mental health workers	None or not reported
Human resources for mental health			
Total number of mental health professionals (gov. and non-gov.)	6,555		
Total mental health workers per 100,000 population	57.19		
Total number of child psychiatrist (gov. and non-gov.)	240		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	58	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	960.7
"Community-based / non-hospital" mental health outpatient facility	139	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	0.1
Other outpatient facility (e.g. Mental health day care or treatment facility)	49	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	960.66
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	139	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	7,862.64
Other outpatient services for children and adolescents (e.g. day care)	2	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	64.15
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	19	Mental hospital beds / annual admissions	43.22 / 103.08
Psychiatric units in general hospitals	17	General hospital psychiatric unit beds / annual admissions	42.69 / 220.23
Forensic inpatient units	7	Forensic inpatient unit beds / annual admissions	1.34 / 0.97
Residential care facilities	139	Residential care beds / annual admissions	None or not reported / 7862.64
Inpatient facility specifically for children and adolescents	15	Child and adolescent specific inpatient beds / annual admissions	0.99 / 11.83
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	None or not reported	Inpatients staying less than 1 year	None or not reported
Admissions that are involuntary	133	Inpatients staying 1-5 years	None or not reported
Follow-up of people with mental disorder discharged from hospital in the last year	More than 75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	None or not reported
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	None or not reported	Treated cases of severe mental disorder	None or not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
Programa Nacional de Prevención de la Conducta suicida	Workplace mental health promotion	National	Government
Programa Nacional de Prevención del Uso Indebido de Alcohol y otras Drogas	Workplace mental health promotion	National	Programme Management not reported

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^c World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.