

Mental Health ATLAS 2017 Member State Profile

Afghanistan

Total population (UN official estimate): ^a	33,736,494	Burden of mental disorders (WHO official estimates)	
WHO Region:	EMR	Disability-adjusted life years (per 100,000 population) ^c	5,457.15
Income group: ^b	Low income	Suicide mortality rate (per 100,000 population) ^d	4.7
Total mental health expenditure per person (reported currency)	0.12 USD		
Availability / status of mental health reporting	Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2016	Stand-alone law for mental health: (Year of law):	Yes 1987
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exists but it is not functioning
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	Yes 2016		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	0.23
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	None or not reported
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	0.15
		Mental health nurses	0.10
		Psychologists	0.30
		Social workers	None or not reported
		Occupational therapists	None or not reported
		Speech therapists	None or not reported
		Other paid mental health workers	0.89

Human resources for mental health

Total number of mental health professionals (gov. and non-gov.)	561
Total mental health workers per 100,000 population	1.66
Total number of child psychiatrist (gov. and non-gov.)	None or not reported

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	1	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	86.9
"Community-based / non-hospital" mental health outpatient facility	1	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	37.0
Other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported
	None or not reported	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
Other outpatient services for children and adolescents (e.g. day care)	None or not reported		
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	1	Mental hospital beds / annual admissions	0.30 / 7.25
Psychiatric units in general hospitals	4	General hospital psychiatric unit beds / annual admissions	0.30 / 19.87
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	None or not reported	Residential care beds / annual admissions	None or not reported / None or not reported
	None or not reported	Child and adolescent specific inpatient beds / annual admissions	None or not reported / None or not reported
Inpatient facility specifically for children and adolescents	None or not reported		
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	2,447	Inpatients staying less than 1 year	100%
Admissions that are involuntary	881	Inpatients staying 1-5 years	
Follow-up of people with mental disorder discharged from hospital in the last year	26%-50% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	None or not reported	Treated cases of severe mental disorder	None or not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
Mental Health Awareness	Mental health awareness/prevention/anti-stigma	National	Jointly managed
suicide prevention	Suicide prevention	National	Jointly managed

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.