

NOTE: Ethnic tones represent overall areal distribution, and not contiguity of settlement.

Selected Ethnic Groups

- | | |
|---|---|
| Bhotia, Sherpa, Thakali | Newari |
| Gurung | Pahari |
| Kiranti, Rai, Limbu | Tamang |
| Other | |

0 25 50 75 Kilometers
0 25 50 75 Miles

